

# Withholding Medication

- Withhold medication on the day of testing unless advised otherwise by your doctor
- Take medication as normal on day before test
- Withhold taking medication until after blood test  
(it is possible to bring medication into collection centre if preferred)
- Recommended to have blood test early in morning so that medication regime is not disturbed
- Minimum withholding period is 8 hours

**THESE INSTRUCTIONS SHOULD BE ADHERED TO  
UNLESS ADVISED OTHERWISE BY YOUR DOCTOR.**